

Part 1: Plan

MISSION

Our Wellness Center believes in a holistic approach, blending cultural practices with the best physical, emotional, mental and spiritual care. The Wellness Center provides students and staff with state of the art exercise equipment, supportive counseling services and healthy guidance-all with the support of spiritual growth using traditional methods.

GOALS

SH: continue to sign students up for insurance and have more people become navigator certified

ASSESSMENT/EFFECTIVENESS

Goals are measured with:

State audit findings

Revenue

Attendance in presentations

Send out info on Navigator certification

Make appointments with students for insurance

Sign in sheets

of trainings attended

of early alerts

Advertising & the use of a multi-media campaign

Well Steps reporting

Sign in sheets @ the Wellness Center

Participation in the fitness classes

Installed panic buttons

Upcoming Staff training:

1. Confidentiality-1/25/2017
2. HIPPA/FERPA-2/27/2017
3. CPR-First Aid-3/8/2017
4. Abuse/Neglect-3/15/2017
5. ALICE(active shooter)-4/19/2017
6. Traditions-5/31/2017
7. Self-Care-7/26/2017
8. Defensive driving-TBD
9. **Part 2: Report** (to be completed by month/date)

ASSESSMENT/IMPROVEMENT/EFFECTIVENESS ACTIVITIES

In conclusion, goals are more easily obtained with enough personnel and funding to meet the departmental goals.

POTENTIAL ASSESSMENT/EFFECTIVENESS AREAS FOR NEXT YEAR/CYCLE

- Continuously offer updated training to employees
- Fully staffed departments
- Purchase up-to-date equipment
- Supplies
- Professional Development
- More resources, i.e. funding or grants
- Signage for campus activities